



ELENA-VALENTINA ARGHIRESCU-MPITSAKIS

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EDUCATION AND TRAINING

04/10/2021 – CURRENT Rethymno, Greece
PSYCHOLOGY DEGREE University of Crete

Website <https://www.uoc.gr/>

05/10/2023 – 15/10/2023 Vig, Denmark
ERASMUS KA1 TRAINING COURSE “A MENTAL HEALTH TOOLKIT FOR YOUTH WORKERS” Hellas for us

15/11/2023 – 23/11/2023 Craiova, Romania
ERASMUS + KA2 TRAINING COURSE “NEW CHALLENGES IN INCLUSION APPROACH” Hellas for us

LANGUAGE SKILLS

Mother tongue(s): **GREEK** | **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

ADDITIONAL INFORMATION

CONFERENCES AND SEMINARS

26/04/2023 – 26/04/2023 – Online
Shadow - helping the autistic child at kindergarten or school I learned valuable insights and practical strategies for supporting autistic children in kindergarten and school environments. Understanding autism, the role of a dedicated support person or 'shadow,' promoting inclusive education, improving communication, and implementing actionable tips were key takeaways from this enlightening session.

Link <https://helpautism.ro/>

26/04/2023 – 26/04/2023 – Online
Psychological First Aid (PFA) Psychological First Aid (PFA) is a brief and empathetic support approach provided to individuals facing immediate emotional distress or trauma. It aims to offer comfort, safety, and practical assistance to help them cope with their immediate emotional reactions and connect them to further support if needed.

HONOURS AND AWARDS

20/09/2020
Honor – Aristotle University of Thessaloniki For participation in Panhellenic Bioethics Contest with a presentation regarding “Euthanasia and Organ Transplants.”